

The OMC School Spirituality Committee invites your family to take a deep dive into these resources for prayer and service!

Something Beautiful For God Enjoy it for family prayer often this year!

"Faith opens a window to the presence and working of the Spirit. It shows us that, like happiness, holiness is always tied to little gestures. "Whoever gives you a cup of water in my name will not go unrewarded", says Jesus (cf. Mk 9:41). These little gestures are those we learn at home, in the family; they get lost amid all the other things we do, yet they do make each day different. They are the quiet things done by mothers and grandmothers, by fathers and grandfathers, by children. They are little signs of tenderness, affection and compassion. Like the warm supper we look forward to at night, the early lunch awaiting someone who gets up early to go to work. Homely gestures. Like a blessing before we go to bed, or a hug after we return from a hard day's work. Love is shown by little things, by attention to small daily signs which make us feel at home. Faith grows when it is lived and shaped by love. That is why our families, our homes, are true domestic churches. They are the right place for faith to become life, and life to become faith.

Jesus tells us not to hold back these little miracles. Instead, he wants us to encourage them, to spread them. He asks us to go through life, our everyday life, encouraging all these little signs of love as signs of his own living and active presence in our world." Pope Francis, Homily during World Meeting of Families

Resources for Growing Faith at Home

A good general list of Apps: <https://catholicapptitude.org/prayer-apps-catholic/>

Catholic Relief Services: <http://www.crs.org/get-involved/prayer-resources>

Pray As You Go: www.pray-as-you-go.org (both an app and a website)

Sacred Space: <http://www.sacredspace.ie/>

<http://www.massexplainedapp.com/> is an iPad app about Mass.

OMC subscribes to [Formed.org](http://www.formed.org) with videos, audios and other adult faith formation and family faith formation resources. Our parish code is **KQD237**

Also, check out [Fall adult and family faith formation at OMC parish](#)

Keep in touch with the Sunday bulletin from Our Mother of Consolation Parish. Omcparish.com

Coming soon: Catechesis of the Good Shepherd at OMC's Weebly!

BOOKS:

[Journey to the Heart: Centering Prayer for Children](#), Frank Jelenek

[When I Make Silence](#), Jennifer Howard

[Mysteries of the Rosary](#), Michael O'Neill McGrath

[I Meet Jesus](#), by Jean Vanier, has drawings that children can copy or color.

[The Weight of a Mass](#) by Josephine Nobisso is based on a true story, so is [The Miracle of Saint Nicholas](#) by Gloria Whelan. Both are great gifts for First communion or for growing-in-communion, something for all of us to do.

[A Child's Book of the Mass](#), Betsy Puntel and Hannah Roberts. This one is special because it's written by an OMC teacher and an OMC mom. Dip into it or read it straight, it helps adults get oriented as well. Consider as a Baptism gift that helps parents from the get-go.

Books like CS Lewis' [Great Divorce](#) or [Screwtape Letters](#) expand the imagination and help young adults and teenagers tune in spiritually. The 'stone table' in [The Lion, the Witch and the Wardrobe](#) also does that for all ages. Likewise, a well chosen book about the saints can give children an appetite for heroism, e.g., Amy Welborn's [Book of Saints](#).

Sister Wendy Beckett's [A Child's Book of Prayer in Art](#) is very beautiful, with perceptive written meditations about ordinary family life and how God is there to help children grow.

[Bethlehem Books and Chesterton Press](#) Consider these gifts as something really special for your child and family and others, including the teacher or library at OMC.

Resources for Service as a Family

[Face to Face](#) Serve a meal!

First Sunday food donations at church for OMC food cupboard.

Check out [Aid for Friends](#) at OMC. Call or email [Sister Christine, SSJ](#), for assistance connecting.

[St Joseph's Villa](#) Visit an elderly Sister of St. Joseph!

Cradle of Hope <http://www.cradleofhope.net/>

Missionaries of Charity serve a meal each evening to about ten women in their shelter in Norristown. Get a meal together for delivery: contact [Mrs. Puntel](#) to set up a date and time.

Volunteer at Face to Face in Germantown. <http://www.face2face.org/get-involved/volunteer>

Make a meal together for someone who... had a new baby, has someone in the hospital, just needs a home cooked meal.

